



# Energy Bracelets

Instructions Included  
More ideas Inside!



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# BRACELET WITH OBSIDIAN STONES



Enlarged  
to show detail

## **MATERIALS**

[Bead, mahogany obsidian \(natural\), 6mm round](#)

[Bead, silver-plated steel, 6mm round](#)

[Drop, TierraCast®, white bronze-plated pewter \(tin-based alloy\), 14x13mm Om symbol](#)

[Jump ring, silver-plated brass, 6x4mm oval, 4.1x2mm inside diameter, 18 gauge](#)

[Cord, Powercord®, elastic, clear, 0.8mm, 8.5 pound test](#)

Pliers: [flush-cutter](#)

### **STEP 1**

Cut a 10-inch length of 0.8mm clear Powercord® elastic cord.

### **STEP 2**

Apply a 6x4mm oval silver plated jump ring to the Om symbol charm and set aside.

### **STEP 3**

Apply a Bead Stopper™ approximately 2 inches from the end of the Powercord elastic cord.

- String on three stainless steel 6mm round beads.
- String on the jump ring attached to the Om symbol charm.
- String on three stainless steel 6mm round beads.
- String on 24 mahogany obsidian 6mm round beads.

### **STEP 4**

Remove the bead stopper. Pulling tightly, make a surgeon's knot in the Powercord elastic cord between the last mahogany obsidian bead and the first stainless steel bead. Apply a drop of E6000® Plus adhesive to the knot and let dry 24 hours.

### **STEP 5**

Use flush-cutters or scissors to cut off the tails of the Powercord elastic cord. Pull knot into the stainless steel bead beside it.



[Design Idea](#)  
[PDF](#)

Using the same technique, you can easily create more designs!



*Design Idea*  
*L20N*



*Design Idea*  
*PA3H*



*Design Idea*  
*Nj2Q*



*Design Idea*  
*NJ2P*

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# BRACELET WITH MIXED MULTI-GEMSTONE ACCENTS



Enlarged  
to show detail

## MATERIALS

[Bead, lava rock, 8mm round](#)

[Bead, brecciated jasper, 8mm round](#)

[Bead, carnelian, 8mm round](#)

[Bead, tigereye, 8mm round](#)

[Bead, African "jade" \(quartz\), 8mm round](#)

[Bead, flower dumortierite, 8mm round](#)

[Bead, banded amethyst, 8mm round](#)

[Bead, ice flake quartz, 8mm round](#)

[Bead, antique silver-plated steel, 8mm round](#)

[Cord, Powercord, clear, 0.8mm](#)

[Pliers, flush-cutter](#)

### STEP 1

Cut a 10-inch length of Powercord®.

### STEP 2

String on one steel bead, 15 lava rock beads and one steel bead. String on the remaining gemstones in the desired order.

### STEP 3

Tie a knot to secure the cord. Trim any excess cord.



*Design Idea  
L74J*

### *Other products for using multiple gemstones:*



[Tigereye \(natural\), 8mm round,  
B grade, Bead Strand](#)



[Moss Agate \(natural\), 8mm round,  
B grade, Bead Strand](#)



[Magnesite \(dyed / stabilized\),  
Turquoise Blue, 8mm round,  
B grade, Bead Strand](#)



[Black Onyx \(dyed\), 8mm round,  
A grade, Bead Strand](#)



[Banded Amethyst \(natural\), 8mm  
round, B grade, Bead Strand](#)



[White Howlite \(natural\), 8mm  
round, B grade, Bead Strand](#)

Using the same technique, you can easily create more designs!



*Design Idea*  
NG2K



*Design Idea*  
NG2U



*Design Idea*  
NG2W



*Design Idea*  
MN28



*Design Idea*  
MB4B



*Design Idea*  
K60M

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# GEMSTONE BRACELET WITH CHARM



Enlarged  
to show detail

## MATERIALS

[Bead, silver-plated steel, 6x1mm heishi \(2 beads\)](#)

[Bead, amethyst, 8mm round \(12 beads\)](#)

[Bead, banded amethyst, 8mm round \(12 beads\)](#)

[Heart charm with with, antique silver-plated "pewter", 13x10.5mm](#)

[Jump ring, silver-plated brass, 6mm round, 18 gauge](#)

[Cord, Powercord, clear, 0.5mm](#)

[Adhesive, G-S Hypo Cement](#)

[Pliers, flat-nose](#)

[Scissors](#)

### STEP 1

Cut a 10-inch length of Powercord®.

### STEP 2

String 12 dark amethyst beads, one heishi bead, 12 light amethyst beads and one heishi bead. Tie a knot in the cord and secure with adhesive.

### STEP 3

Open a jump ring. Slide a charm onto the jump ring then attach to the halfway point of the light amethyst beads. Close the jump ring.



*[Design Idea NG2J](#)*

## More Charms:



[Butterfly Charm, crystals and sterling silver, 12x8mm](#)



[Peace Sign Charm, sterling silver, 12mm](#)



[Yin-Yang Charm, sterling silver and enamel, 8mm](#)



[Feather Charm, antiqued sterling silver, 15x4mm](#)



[Dragonfly Charm, crystals / sterling silver / enamel, pink and crystal clear, 13x11mm](#)



[Cursive "M" Charm, sterling silver, 9mm](#)

Other bracelets you can make using this technique:



*Design Idea*  
NG2H



*Design Idea*  
NG2V



*Design Idea*  
NG2S



*Design Idea*  
NG2R



*Design Idea*  
NG2M



*Design Idea*  
NG2F

# GEMSTONE BRACELET WITH METAL BEADS



Enlarged  
to show detail

## MATERIALS

[Bead, gunmetal-plated copper, 7x2mm twisted rondelle](#)

[Bead, gunmetal-finished steel, 8mm round](#)

[Bead, Botswana agate, 8mm faceted round](#)

[Cord, Powercord, clear, 0.8mm](#)

[Pliers, flush-cutter](#)

### STEP 1

Cut a 12-inch length of Powercord® elastic cord.

### STEP 2

String the following:

- Seven 8mm gunmetal-plated rounds
- Six sets of one 8mm Botswana agate round and one 7x2mm rondelle

String one gunmetal-plated round then repeat the stringing sequence in reverse to mirror the pattern.

### STEP 3

Tie the elastic cord ends into a tight surgeon's knot. Apply a small amount of adhesive for additional security if desired. Trim any excess cord.



*[Design Idea](#)  
[LA2H](#)*

### *More products for using metal beads:*



[Gold-Plated Brass Bead, 8mm round](#)



[Silver-Plated Brass Bead, 8mm dimpled round](#)



[Gold-Plated Brass Bead, 8mm filigree round](#)



[Clear-Coated Copper Bead, 8mm round](#)



[Antique Silver-Plated Flower Bead, 8x6mm square](#)



[Owl Bead, SS20 rose setting, antique Silver-plated, 10x8mm](#)



[Butterfly Bead, antique silver-plated, 10x8mm](#)

Using the same technique, you can easily create more designs!



*[Design Idea](#)*  
*[MH35](#)*



*[Design Idea](#)*  
*[NG2Q](#)*



*[Design Idea](#)*  
*[NG2G](#)*



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